



# HOE MATARIKI 2024

Saturday 15 June 2024

Parua Bay Whangarei

Hosted by Parihaka Waka Ama and Sanctioned by Waka Ama NZ

Parihaka Waka Ama Club Inc (PWA) hosts this annual Club Regatta for Te Tai Tokerau and other regional organisations as part of the celebration of Matariki Puanga the rising of the Stars Pleiades and the signalling of the beginning of the Māori New Year.

It is a celebration of paddling – a chance for novices to paddle and for experienced paddlers to challenge themselves at beautiful Parua Bay.

## RACE DAY INFORMATION

**Car Parking:** Limited parking is available.

**Please carpool where possible and aim for a maximum of 2 cars per team.**

Parking wardens will direct you where to park on the day.

**Trailer parking:** Trailer parking will be available at the event. More details to follow

**Food:** We encourage you to bring your own healthy kai. A coffee cart, sausage sizzle and fundraising kai will be available on site. All paddlers will receive sausage and soup at the end of their race.

**First Aid:** First Aid will be available at the registration tent.

**Alcohol/Smokefree:** Alcohol, smoking, vaping and any other substance use is not permitted at this event.

## RACE PROGRAMME

7.15am	Registration Open
7:30am	Karakia
8:00am	<b>BRIEFING</b> Race 1 - 18km W6 Women and Mixed
8.30am	<b>START</b> Race 1 - 18km W6 Women and Mixed
10:30am	<b>BRIEFING</b> Race 2 - 8km W6 Novice and Juniors
11.00am	<b>START</b> Race 2 - 8km W6 Novice and Juniors
12:00pm	<b>BRIEFING</b> Race 3 - 18km W6 Men
12.30pm	<b>START</b> Race 3 – 18km W6 Men
2.45pm	Giftng of Taonga and Closing Karakia

## Fees:

PER PERSON BY TEAM (charged for each team entered)	
Event	Cost
Junior J16, J19 - W6 – 8km	\$120 per waka
Adult Novice - W6 – 8km	\$200 per waka
Men's, Womens and Mixed 18km	\$240 per waka

Registration fee entitles you to soup after the race, a sausage sizzle and eligibility for spot prizes.

Entry fees are **non-refundable** but may be transferable to another paddler from that team.

## ONLINE ENTRIES & PAYMENT

- Online entries are to be completed using the Waka Ama NZ online entry system.
- All entries to be completed through your club admin – contact your club admin to process your entry
- No entries on the day, no exceptions
- **Entries close on *Wednesday 12 June 2024***
- Rosters close on ***Thursday 13 June***, rosters must be completed by close date, no exceptions
- Once entered, payment can be made online to:
  - Parihaka Waka Ama Club Incorporated
  - 38-9015-0805080-00
  - Use your club, team name and division as your reference
  - **One payment per club please** with an email to [parihakawakaama@gmail.com](mailto:parihakawakaama@gmail.com) of what has been paid.
  - No payment, no race.

Register early to avoid disappointment. Numbers of waka limited.

Our priority is your safety. To ensure we comply with the *Waka Ama Event Sanctioning* process of support boat vs. waka ratio, priority of entries will be given in order of registration.

All race participants must register and the steerer must attend race briefing and sign that they have attended.

## Waka Hire:

**Please arrange your own waka hire.**

Contact [parihakawakaama@gmail.com](mailto:parihakawakaama@gmail.com) to see if Parihaka waka are available.

## Spot Prizes:

After each race spot prizes will be given out to race participants.

## Novice Paddlers:

The Novice Race is open to all paddlers J16 and above. **Novice teams must have an experienced steerer and be able to complete 8km within one hour.** Novice paddlers are those who have either: not competed in a national regatta; and/or have been paddling for less than 12 months and/or do not have suitable ocean paddling experience.

It is the responsibility of clubs to ensure that only competitors that can competently paddle may enter races.

## Flotation devices

**All Junior competitors and those not able or confident to swim 50 metres must** wear Maritime New Zealand (MNZ) approved non inflatable flotation device. It is the responsibility of clubs to ensure that individuals who are not able or confident to swim a distance of at least 50 meters wear a personal flotation device when competing.

### Waiver Forms:

- Team waivers must be completed by all paddlers/teams
- All paddlers U18 must have their waiver signed by their parent/guardian
- Waivers can be handed in at the registration desk on the day.
- Team waivers can be found on our event page on the Waka Ama NZ website and will be available at the registration desk on the day.

### Race Starts:

Please be on the water five minutes prior to the race start. Race start procedure will be outlined at race briefing.

WAKA	DISTANCE	DIVISIONS	GENDER
W6	8km	J16, J19, and NOVICE adult	J16, J19, Men, Women and Mixed
W6	18km	J19, Open, Master, Senior Master, Golden Master	Women and Mixed
W6	18km	J19, Open, Master, Senior Master, Golden Master	Men and Mixed

### Paddler capability / skills:

Any paddler competing must:

- Unless a Novice - be capable of competing in Senior races and comfortable complete 18km
- Be trained in and capable of self-rescue techniques (e.g. right a capsized waka)
- Be able to swim and be comfortable in conditions relative to their skill level
- Have an adequate degree of skill and fitness to finish the race in conditions that might be expected
- Be dressed for the expected conditions
- Carry / Have access to adequate food and drink for the race

### WAKA DROP OFF

#### Waka Drop off:

- TO BE ADVISED

### SAFETY REQUIREMENTS

- All waka must be Safety Checked before racing.
- All Junior age divisions must wear MSA approved PFDs throughout the duration of the race
- All waka must have the following safety equipment for their races:
  - A Personal Floatation Device (PFD) per person.
  - Bailers x 2 (minimum)
  - Flare, VHF radio or cell phone in waterproof case (VHF channel and phone numbers will be provided at race briefing)
  - 2 Spare Paddles
  - Spray Skirt (W6)
  - Tow Rope (W6)

### RACE RULES

All entrants must be familiar with the Waka Ama New Zealand race and safety rules.

Refer to the following link for more information: [Waka Ama NZ Race Rules](https://www.wakama.co.nz/race-rules)

### CONTACT INFORMATION

- All enquiries please email: [parihakawakaama@gmail.com](mailto:parihakawakaama@gmail.com)
- All urgent matters please call: **Daniela 021 837 717**
- Facebook: <https://www.facebook.com/profile.php?id=100057245748719>

## COURSE MAPS

- High tide: 2.13pm
- Low tide: 8.09am
- The course may change due to weather conditions, the race course will be outlined at race briefing.

**MAP 1: Novice 8km course (no alternate provided as this is in shelter of Parua Bay). Note if weather is very bad this novice course will be repeated twice for the women's and men's races, providing a total of 16km.**



**MAP 2: 18km race course** – the green is the preferred course if the tide is coming in, however if the tide is still going out then the red course will be run.





The map below shows an alternate in red if the weather is bad as it provides a sheltered, close to shore option.



**\*\*\* IMPORTANT SAFETY ANNOUNCEMENTS PLEASE NOTE \*\*\***

Should wind conditions exceed or be forecast to exceed 25 knots (46km+) MSA approved PFD's must be worn by all participants.

All participants, coaches and officials must be made aware of the conditions – paddling may only occur after all the risks have been assessed; the zone and local maritime rules have been considered, and the potential risks are deemed to be minimal.

In all races and events, should there be extreme wind warning or gale force marine warnings in place OR should the wind conditions exceed or be forecast to exceed 34 knots (62km+) (according to local official marine weather radio or Met Service website <http://www.metservice.com/national/home>) then racing will only proceed under Race Director approval.